

How to Apply Premarin Vaginal Cream

This guide has been created to help you apply Premarin Vaginal Cream, for the treatment of moderate to severe painful sex after menopause. Please read the Patient Information for full details on how to apply Premarin Vaginal Cream.



Premarin[®]
(conjugated estrogens)
vaginal cream; 0.625 mg/g



STEP

1

Remove cap from tube.



STEP

2

Screw nozzle end of applicator onto tube.



STEP

3

Gently squeeze tube from the bottom to force sufficient cream into the barrel to provide the prescribed dose. Use the marked stopping points on the applicator to measure the correct dose, as prescribed by your doctor.



STEP

4

Unscrew applicator from tube.



STEP

5

Lie on back with knees drawn up. To deliver medication, gently insert applicator deeply into vagina and press plunger downward to its original position.



STEP

6

To cleanse: Pull plunger to remove it from barrel. Wash with mild soap and warm water. Do not boil or use hot water.

Tip:



To get the most out of your Premarin Vaginal Cream tube, squeeze gently and slowly from the bottom of the tube, like you would a toothpaste tube.

Need more applicators?



To order additional applicators, call 1-866-298-8486. Your order will include 10 Premarin Vaginal Cream applicators and will arrive in 2 to 3 weeks. Do not throw away your applicator until you receive your replacement applicators.



Visit [PremarinVaginalCream.com](https://www.PremarinVaginalCream.com) to watch the how to apply video.

IMPORTANT SAFETY INFORMATION AND INDICATION

Using estrogen-alone may increase your chance of getting cancer of the uterus (womb). Report any unusual vaginal bleeding right away while you are using Premarin (conjugated estrogens) Vaginal Cream. Vaginal bleeding after menopause may be a warning sign of cancer of the uterus (womb). Your healthcare provider should check any unusual vaginal bleeding to find out the cause.

Do not use estrogens, with or without progestins, to prevent heart disease, heart attacks, strokes or dementia (decline in brain function).

Using estrogen-alone may increase your chances of getting strokes or blood clots. Using estrogens with progestins may increase your chances of getting heart attacks, strokes, breast cancer, or blood clots.

Using estrogens, with or without progestins, may increase your chance of getting dementia, based on a study of women 65 years of age or older.

Estrogens should be used at the lowest dose possible, only for as long as needed. You and your healthcare provider should talk regularly about whether you still need treatment.

Premarin (conjugated estrogens) Vaginal Cream should not be used if you have unusual vaginal bleeding, have or had cancer, had a stroke or heart attack, have or had blood clots or liver problems, have a bleeding disorder, are allergic to any of its ingredients, or think you may be pregnant.

Estrogens increase the risk of gallbladder disease. Discontinue estrogen if loss of vision, pancreatitis, or liver problems occur. If you take thyroid medication, consult your healthcare provider, as use of estrogens may change the amount needed.

Common side effects include headache, pelvic pain, breast pain, vaginal bleeding and vaginitis.

INDICATION

Premarin (conjugated estrogens) Vaginal Cream is used after menopause to treat moderate to severe painful intercourse caused by menopausal changes in and around the vagina.

[Click here](#) for full Prescribing Information, including **BOXED WARNING** and Patient Information.